

Grapeview School October 2017 LUNCH & Breakfast MENU

Breakfast Daily Offers: Fruit/Fruit Juice & Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Five Star Smart Bar Romaine /Spinach (DG) Carroteenies (RO) Fresh Peppers (O) Hummus (L) Seasonal Fruit	Five Star Smart Bar Romaine /Spinach (DG) Slice Cucumbers (O) Cherry Tomatoes (RO) Hummus (L) Seasonal Fruit Can Fruit	Five Star Smart Bar Romaine /Spinach (DG) Carroteenies (RO) Broccoli (DG) Hummus (L) Seasonal Fruit	Five Star Smart Bar Romaine /Spinach (DG) Slice Cucumbers (O) Cherry Tomatoes (RO) Hummus (L) Seasonal Fruit Can Fruit	Five Star Smart Bar Romaine /Spinach (DG) Carroteenies (RO) Fresh Peppers (O) Celery Sticks (O) Hummus (L) Seasonal Fruit
October 2 9:45am Late Start Lunch Chicken Burger Baked Fries Salad Bar Breakfast Whole Grain Chocolate Chip Pancakes	October 3 From Scratch Yummy Sloppy Joes Green Beans Salad Bar Breakfast Whole Grain Breakfast Burritos	October 4 Lunch Whole Grain Chicken Nuggets Whole Corn Salad Bar Breakfast Assorted Cereal String Cheese	October 5 From Scratch Lunch BBQ Chicken Leg Whole Wheat Dinner Roll Mashed Potatoes Salad Bar Breakfast Whole Grain French Toast	October 6 Lunch Whole Grain 4X6 Pepperoni Pizza Salad Bar Breakfast Whole Grain Cheese Wrap
October 9 9:45am Late Start Lunch Teriyaki Mini Burgers (2) Baked Fries Salad Bar Breakfast Whole Grain Breakfast Combo & Whole Grain Crackers	October 10 From Scratch Taco Tater Rockets (Baked Potato Bar) Breakfast Whole Grain Bagel W/Cream Cheese	October 11 Lunch Yummy Super Nachos Salad Bar Breakfast Assorted Cereal String Cheese	October 12 From Scratch BBQ Pulled Pork Sandwich Whole Corn Salad Bar Breakfast Whole Grain Breakfast Sausage Pizza	October 13 No School Professional Development Day
October 16 9:45am Late Start Lunch Chicken Burger Baked Fries Salad Bar Breakfast Whole Grain Chocolate Chip Pancakes	October 17 From Scratch Yummy Sloppy Joes Green Beans Salad Bar Breakfast Whole Grain Breakfast Burritos	October 18 Lunch Whole Grain Chicken Nuggets Whole Corn Salad Bar Breakfast Assorted Cereal String Cheese	October 19 From Scratch Lunch BBQ Chicken Leg Whole Wheat Dinner Roll Mashed Potatoes Salad Bar Breakfast Whole Grain French Toast	October 20 Lunch Whole Grain Stuff Crust Pizza Salad Bar Breakfast Whole Grain Cheese Wrap
October 23 9:45am Late Start Lunch Teriyaki Mini Burgers (2) Baked Fries Salad Bar Breakfast Whole Grain Breakfast Combo & Whole Grain Crackers	October 24 From Scratch Taco Tater Rockets (Baked Potato Bar) Breakfast Whole Grain Bagel W/Cream Cheese	October 25 Lunch Yummy Super Nachos Salad Bar Breakfast Assorted Cereal String Cheese	October 26 From Scratch BBQ Pulled Pork Sandwich Whole Corn Salad Bar Breakfast Whole Grain Breakfast Sausage Pizza	October 27 Lunch Whole Grain 4X6 Pepperoni Pizza Salad Bar Breakfast Whole Grain Cinnamon Roll String Cheese
October 30 9:45am Late Start Lunch Chicken Burger Baked Fries Salad Bar Breakfast Whole Grain Chocolate Chip Pancakes	October 31 From Scratch Yummy Sloppy Joes Green Beans Salad Bar Breakfast Whole Grain Breakfast Burritos	Symbols for Vegetables DG – Dark Green RO—Red Orange S—Starch L—Legumes (Beans) O—Other Menu Subject to Change	Prices Breakfast: \$1.00 Reduced Brk: Free Elem. Lunch \$2.60 Reduced K-3: Free M.S. Lunch: \$2.80 Reduced 4-8: \$0.40 Milk \$0.50 Adult \$3.25	All Breakfast includes: Fruit, Fresh Assorted Fruit, 100% Juice, 1% White Milk or FF Chocolate Milk This Institution is an equal opportunity provider

A Friendly Reminder

Free and reduced meal applications are available throughout the year. Once an application has been approved, your child may participate in both the BREAKFAST & LUNCH meal programs. Be sure to contact us if you need assistance. 426-4921

Require for students to take a minimum of ½ cup of fruit & vegetable for it to be considered a healthy reimbursable meal!!