

LUNCH

BREAKFAST

OCTOBER 2018

Grapeview School

Monday

9:45am Late Start **1**
 Chicken Nuggets
 Corn on the Cob

 5 Star Salad Bar

 Breakfast
 Sausage Pancake on @ Stick

Tuesday

Whole Grain Hot dog **2**
 Baked Tater Tots

 5 Star Salad Bar

 Breakfast
 Yogurt
 Whole Grain Biscuit

Wednesday

Bean & Cheese Burrito **3**

 5 Star Salad Bar

 Breakfast
 Assorted Cereal
 Whole Grain Crackers

Thursday

From Scratch **4**
 Taco Soup
 W/Tortilla Chips
 5 Star Salad Bar
 Breakfast
 Whole Grain Strawberry Mini
 Pancakes

Friday

Whole Grain Grilled Chicken Burger **5**
 Whole Corn

 5 Star Salad Bar

 Breakfast
 Whole Grain Breakfast Pizza

8

Professional Development

 No School

From Scratch **9**

Spaghetti w/meat Sauce
 Whole Grain Breadstick
 5 Star Salad Bar

 Breakfast
 Whole Grain Sausage Pizza

10

Teriyaki Chicken Dippers
 Whole Grain Brown Rice

 5 Star Salad Bar

 Breakfast
 Whole Wheat Pancakes

11

From Scratch
 Yummy Sloppy Joes
 Green Beans
 5 Star Salad Bar

 Breakfast
 Whole Grain
 Breakfast Burritos

12

Whole Grain 4X6 Cheese Pizza

 5 Star Salad Bar

 Breakfast
 Whole Grain Egg Wrap

15

9:45am Late Start
 Chicken Nuggets
 Corn on the Cob

 5 Star Salad Bar

 Breakfast
 Sausage Pancake on @ Stick

From Scratch **16**

Taco Tater Rockets
 (Baked Potato Bar)

 Breakfast
 Yogurt
 Whole Grain Biscuit

17

Bean & Cheese Burrito

 5 Star Salad Bar

 Breakfast
 Assorted Cereal
 Whole Grain Crackers

18

From Scratch
 Taco Soup
 W/Tortilla Chips
 5 Star Salad Bar
 Breakfast
 Whole Grain Strawberry Mini
 Pancakes

19

Whole Grain Grilled Chicken Burger
 Whole Corn

 5 Star Salad Bar

 Breakfast
 Whole Grain Breakfast Pizza

22

9:45am Late Start
 Whole Grain Corn Dog
 Baked Fries
 5 Star Salad Bar

 Breakfast
 Banana Breakfast Bar
 String Cheese

From Scratch **23**

Spaghetti w/meat Sauce
 Whole Grain Breadstick
 5 Star Salad Bar

 Breakfast
 Whole Grain Sausage Pizza

24

Teriyaki Dippers
 Whole Grain Brown Rice

 5 Star Salad Bar

 Breakfast
 Whole Wheat Pancakes

25

From Scratch
 Yummy Sloppy Joes
 Green Beans
 5 Star Salad Bar

 Breakfast
 Whole Grain
 Breakfast Burritos

26

Whole Grain 4X6 Cheese Pizza
 5 Star Salad Bar

 Breakfast
 Whole Grain Raspberry Churros
 String Cheese

29

9:45am Late Start
 Chicken Nuggets
 Corn on the Cob

 5 Star Salad Bar

 Breakfast
 Sausage Pancake on @ Stick

30

Whole Grain Hot dog
 Baked Tater Tots

 5 Star Salad Bar

 Breakfast
 Yogurt
 Whole Grain Biscuit

31

BBQ Chicken Leg
 Whole Grain Breadstick
 Mashed Potatoes
 Treat
 5 Star Salad Bar
 Breakfast
 Assorted Cereal
 Whole Grain Crackers



Breakfast: \$1.00
 Reduced Brk: Free
 Elem. Lunch \$2.60
 Reduced K-3 Free
 M.S. Lunch \$2:80
 Reduced 4-8: \$0.40

Milk \$0.50
 Adult Lunch \$3.60

All Breakfast includes:
 Fruit, Assorted 100% Juice
 1% White Milk or FF White Milk

PAY FOR MEALS ONLINE
USING SKYWARD
This Institution is an equal opportunity provider.

Menu Subject to Change Due to Availability